

Eileen and Julian – the experience of befriending



I have been befriending Eileen since the middle of last year. We meet once a week in her flat and chat for an hour or more, sometimes in summer going down to the garden. I worried initially that we would not have enough to talk about, but that has never been a problem. We have lived very different lives but have lived them long enough that there is plenty of history to chew over! We also of course discuss more current events and what we have been doing.

Having retired a few years ago, I needed an extra occupation and had heard about RGN from a friend. I certainly had the time and thought that this sounded like a useful thing to do. It has turned out to be most rewarding. It is not just something to do but something to look forward to. One might think that the relationship would be somewhat like nurse and patient, but it has turned out to be simply that between friends. Finding new friends is not always easy, so for that I have to thank Anne and RGN.